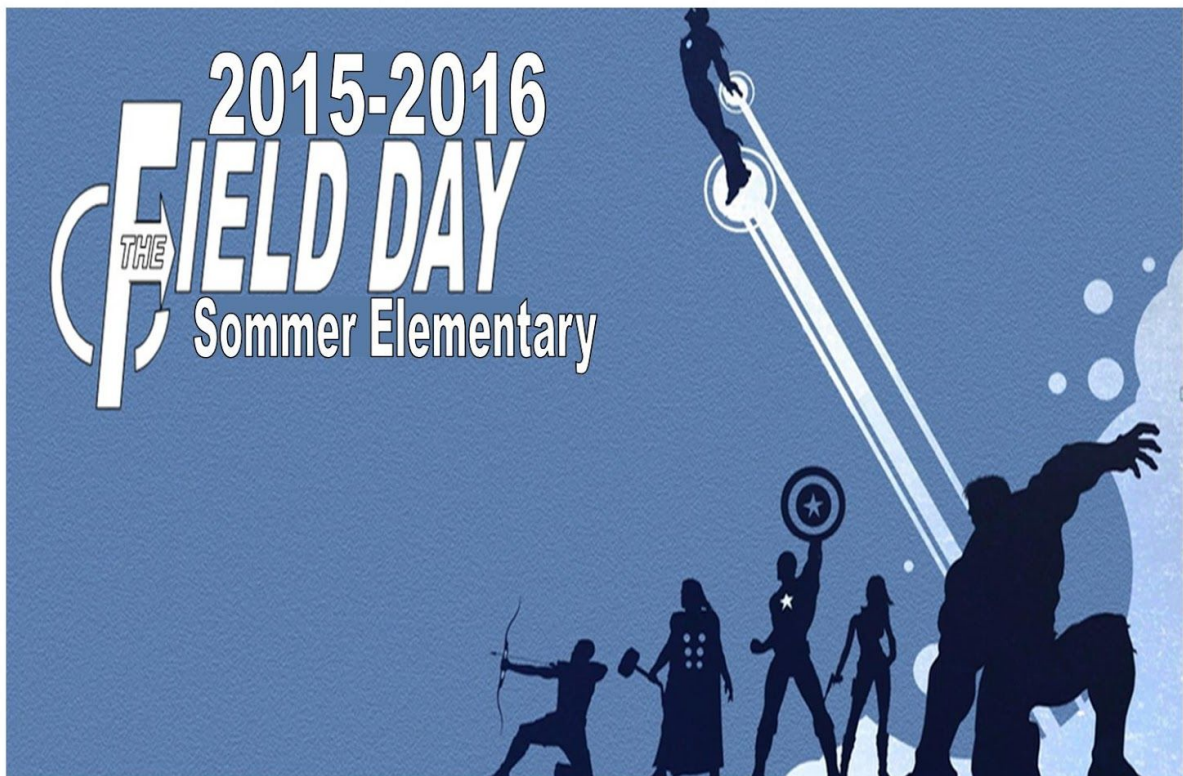


- “ **SPLIT CLASS INTO TWO TEAMS (Use a sharpie to put a 1 and a 2 on each players hand)**
 - “ **Students WEAR sneakers!!!**
 - “ **Athletic shorts and your class T-Shirt/grade level T-shirt**
 - “ **Water!!!**
 - “ **Have FUN!!!**
 - “ **Sun Screen!!!**
- ** Repeat the events as many times as you would like in your time allotment.**
- **Score Card attached if you want to compete with another class for the fun of it.**
-



Field Day 2015-2016 - May 20th 2016

Description of Field Day Events

- Station 1:** Superhero Bootcamp- Inflatables - Send 2 students through at a time
- Station 2:** Spiderman Web Sling - Spider Man needs to send things to his buddy VENOM. Who can get it highest so venom can catch it first?
- Station 3:** Superhero dance party (musical chairs - using Super hero music/themes only) - Have everyone take a seat. Start music, the students rotate around the outside of the chairs. Remove one chair. When you stop the music everyone should find a chair. The person without a chair is out. NO PUSHING OR SHOVING! If there is an argument or two people sit down at the same time, play **ROCK PAPER SCISSORS!** Winner of ROCK PAPER SCISSORS stays in the game.

AQUAMAN'S ARENA

- Station 4:** Water Limbo -Aquaman needs sidekicks with skillz, can you be the last Limboer and get the job?
- Station 5:** Aquaman's sponge relay - Who can keep AQUAMAN ALIVE? Pass water down to the next person in the sponge, who has the most water in the container or gets to the FILL LINE FIRST!
- Station 6:** Aquaman's leaky pipes - Students are trying to stop the leaking water pipe with their hands. Can they save the CITY from a Liquid Catastrophe??
- Station 7:** Super Human Washing Machine -You have had a long day of "Saving the Day" and now need to get your self cooled down and clean.
- Station 8:** HULK vs. THING - Tug-o-War
- Station 9:** Ant Man's Flea Jump - Jump over the Rope on the ground, as far as you can. Mark your jump with a Dome!
- Station 10:** Superman's Phone Booth Relay - Split into teams - Get in a relay line behind the cone. On the the whistle or word start run down and around the phone booth 3 times and put on a cape return and sit down till all have finished. First team to finish receives 5 points.
- Station 11:** My Super Suit is in the Trash Can! - Split the class into two relay teams. Have them stand behind the starting cones. Have them standing. When they complete the course they sit down. The first person in line has to gather everything in the bucket and carry it around the far cone and back, then they drop everything in the bucket for the next person to pick up. Repeat until everyone has gone and sat down. NOTE: THEY MUST DUMP EVERYTHING INTO THE BUCKET BEFORE THE NEXT PERSON CAN GO.
- Station 12:** Last Flash Standing - Hand each student a FLAG BELT (we have practiced how to put them on).. Spread the players out in the playing area. On your signal, READY SET GO, Everyone must run around and try to take each other's belt of in a downward fashion. IF A PLAYER LOSES THEIR BELT THEY MUST LEAVE THE PLAYING AREA. Last student standing is the winner.
- Station 13:** Photo Prop picture area - (Bathroom and Water break at the same time!) Time to sell your famous pictures with Super Humans on EBAY!



SCORE CARD

TEAMS ->	Team Name:	Team Name:
Station 1		
Station 2		
Station 3		
Station 4		
Station 5		
Station 6		
Station 7		
Station 8		
Station 9		
Station 10		
Station 11		
Station 12		
Station 13		
TOTALS		

	STARTING POSITION
Station#1	
Station #2	
Station #3	
Station #4	
Station #5	
Station #6	
Station #7	
Station #8	
Station #9	
Station #10	
Station #11	
Station #12	
Station #13	

Dear Parents,

Welcome to Patsy Sommer's Field Day!

We would like to take this opportunity to give you all the information you and your child will need to make this Field Day as enjoyable as possible.

Our Field Day will be held on Monday May 20, 2016.

We want to invite you to attend. It should be an exciting and enjoyable day. Please help keep the school clean and neat by remembering to put all trash and litter in the provided trash containers. Also, we want the kids to be prepared for a long day in the sun! Here are a few suggestions to keep your kids safe and comfortable:

Super Human Gear

1. wear and bring sunscreen
2. wear and bring a hat and/or sunglasses
3. wear your athletic shorts
4. wear comfortable tennis shoes (the students will be running, no flip flops please!)
5. wear your CLASS SHIRT!

Thank you for your cooperation! Bring your family, and enjoy Patsy Sommer's Super Human Field Day!!!!

Thank you,
Dennis Burns
Amy Osteen
Kelly McBride

